



Include a facial with  
herbal scented  
steamed towels for the  
ultimate  
experience.....

## Detoxifying Herbal Bodywrap

Using Life Force  
Herbal Bodywrap

ON THE RIVER MASSAGE &  
HEALING ARTS

356 E. Elkhorn Ave., Suite 10  
Estes Park  
Colorado

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## A balanced blend of 27 herbs and minerals ...

- Aloe Vera Concentrate
- Alfalfa Leaf
- Bladderwrack Seaweed
- Burdock Root
- Capsicum Root
- Chickweed Powder
- Comfrey Root
- Cornsick Powder
- Dandelion Root
- Echinacea Purpurea Flower
- Fennel Seed
- Gentian Root
- Ginger Root
- Garlic Powder
- Hawthorne Berries
- Kelp Seaweed
- Ionic Trace Minerals
- Magnesium Sulfate

~ **Alfalfa** - Rich source of vitamins and minerals

~ **Bladderwrack**—Algae high in iodine— skin tonic & nutrient

~ **Burdock Roots**— Used effectively for all types of skin disorders such as eczema, psoriasis

~ **Chickweed**—Good for skin problems, irritations and rashes

~ **Comfrey Root Powder**—Used externally to heal bruises, muscle pulls, sprains and swelling

~ **Dandelion**—Promotes healthy circulation, clears skin eruptions, a detoxifier, rich source of potassium and vitamin A

~ **Echinacea**—Promotes healthy circulation, immune system stimulator, improves the lymph glands, detoxifies skin when used externally

~ **Fennel Seed Powder**—Gentle cleanser & skin toner, helps soothe mildly irritated skin, helps to open pores

~ **Ginger**—Relieves aches and pains

~ **Kelp Seaweed**—Skin softening qualities

~ **Parsley**—Soothes, cleanses and detoxifies

~ **Red Clover**—Purifies the blood, cleanses the system of impurities

~ **Sea Salt or Mineral Salt**—Rich source of minerals and iodine

~ **Aloe Vera**—Cleanses, soothes and heals the skin, hydrator

- Parsley Leaves
- Pau D'Arco
- Peppermint Leaves
- Papaya Leaves
- Red Clover Tops
- Rosehips
- Yarrow Powder
- Yellow Dock
- Montmorillonite

~ **Seaweeds**—

- Purify and balance the ocean and do the same for the body
- Help release toxins in the body
- Add vital nutrients & minerals such as potassium and iodine
- Improve circulation
- Ease aches and pains

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